

Detailed test

		Yes	No
Questions concerning your motivation			
1	Do you feel uncomfortable showing your teeth even when talking?	<input type="checkbox"/>	<input type="checkbox"/>
2	Has somebody (a relative, acquaintance, friend, boss, etc.) once said to you that you should do something about your teeth?	<input type="checkbox"/>	<input type="checkbox"/>
Questions concerning the state of your teeth			
3	Are individual teeth missing and the gaps between teeth visible?	<input type="checkbox"/>	<input type="checkbox"/>
4	Is the basic colour or the brightness of the visible teeth too dark in your opinion?	<input type="checkbox"/>	<input type="checkbox"/>
5	Are individual teeth discoloured?	<input type="checkbox"/>	<input type="checkbox"/>
6	Are certain spaces in between teeth dark or otherwise discoloured?	<input type="checkbox"/>	<input type="checkbox"/>
7	Are old fillings immediately noticeable due to their dark colour?	<input type="checkbox"/>	<input type="checkbox"/>
8	Are unsightly teeth or (jacket) crowns noticeable because of their obviously false/artificial appearance?	<input type="checkbox"/>	<input type="checkbox"/>
9	Do you wear a dental prosthesis (a removable plate) that is clearly recognisable to other people (unsightly teeth, metal brace, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>
10	Do you wear a dental prosthesis which does not grip correctly or wobbles and is therefore a source of great insecurity for you?	<input type="checkbox"/>	<input type="checkbox"/>
Questions concerning your tooth alignment and shape			
11	In your opinion, are individual teeth obviously too long or too short?	<input type="checkbox"/>	<input type="checkbox"/>
12	Do certain teeth display chips or wear and tear that bothers you?	<input type="checkbox"/>	<input type="checkbox"/>
13	Are there visible gaps between the teeth that bother you?	<input type="checkbox"/>	<input type="checkbox"/>
14	Are certain teeth too far forward, and does the upper lip have difficulty closing tightly with the lower lip when swallowing, for example?	<input type="checkbox"/>	<input type="checkbox"/>
15	With regard to tooth alignment, are some teeth overlapping or interlocking (lack of space)?	<input type="checkbox"/>	<input type="checkbox"/>
16	Have individual teeth moved or shifted compared to previously?	<input type="checkbox"/>	<input type="checkbox"/>
Questions concerning your gums			
17	Do you believe too much gum is visible when you smile?	<input type="checkbox"/>	<input type="checkbox"/>
18	Have the gums noticeably receded in certain areas?	<input type="checkbox"/>	<input type="checkbox"/>
19	Are "dark holes" easily visible between individual teeth due to gum loss?	<input type="checkbox"/>	<input type="checkbox"/>
20	Are dark or even grey/black edges easily visible at the edge of the gums?	<input type="checkbox"/>	<input type="checkbox"/>

Evaluation on the following page!

Evaluation:

Questions 1–10:

These questions concern aspects that tend to influence your smile very strongly. Therefore: the greater number of questions you answer with “yes”, the greater the potential for improving your current smile.

Questions 11–20:

These questions concern points which can greatly influence your smile – this predominantly depends on your own assessment. But here too, the more questions you answer with “yes”, the more obvious the possibilities to improve on your current smile.

How can you improve your smile?

Possibilities for improving your smile can often be given as an initial rough estimate on seeing a clear photo (take a look at the smile analysis gallery on our Website at www.smile-check.ch).

In order to evaluate your smile and your teeth with regard to these possibilities, a dentist’s assessment is required. You can ask your dentist about this – or if you wish you can also ask for an assessment by one of our dentists. You can find more information in the “Personal consultation” section of our Website at www.smile-check.ch.

For an in-depth assessment of your teeth and your needs, a visit to the dentist is always necessary. He or she can then explain face-to-face what the possibilities are for improving your smile given your personal situation.

Often even simple steps can bring about a noticeable improvement. So it is also important that an in-depth and serious consultation on aesthetic improvements with a dentist must always make clear several possibilities and the advantages and disadvantages of each.